

Delaware Board of Massage and Bodywork
Approved Continuing Education Courses for the Period Ending August 31, 2026

“Continuing Education must maintain, improve, or expand the skills and knowledge obtained prior to licensure or certification, or develop new and relevant skills and knowledge.”

Certified Massage Technicians and Licensed Massage Therapists must complete **24 hours** of continuing education (CE) during each two-year license cycle. The 24 hours of CE must include:

- Three hours in ethics, which you may take online,
- Nine hours of core credits, all which you must take *in a classroom, hands-on setting* – not online,
- 12 hours of elective or core credits, all which you may take online.

For complete information on CE requirements, see Section 9.0 of the [Rules and Regulations](#).

- Explanation of categories (as shown below on listing):

Elective course means a CE course with a subject matter that is outside the “practice of massage and bodywork,” which does not directly contribute to the professional competency of the massage/bodywork therapist or massage technician. Elective courses must have one of the following subject matters: modalities outside the “practice of massage and bodywork,” personal growth, self-improvement and business management. You may take elective courses online.

Core course means a CE course with a subject matter within the “practice of massage and bodywork,” which contributes to the professional competency of the massage/bodywork therapist or massage technician. Core courses must be designed to maintain, improve, or expand skills and knowledge or to develop new and relevant skills and knowledge. **You must complete core courses other than the ethics requirement in a classroom/hands-on setting. You may complete the ethics requirement in a classroom or online.**

- The Delaware Board automatically approves the content of courses that are approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) and Associated Bodywork and Massage Professionals (ABMP) (Section 9.5.1 of the Board’s [Rules and Regulations](#)). Approval is subject to the requirements and limitations under Sections 9.4 of the Board’s [Rules and Regulations](#). If you take a course that none of these organizations nor the Delaware Board has approved, you may submit a request for approval of the course.

To request approval, log into your online DelPROS dashboard and click on **Service Request** in the blue navigation bar at the top of the screen. (If you do **not** hold a Delaware license **AND** you are submitting this request as a course provider, select **NO** to the question “Is your request specific to a particular license or application you hold?”)

Additional information on how to submit a Service Request for CE approval can be found online under the Board of Massage and Bodywork - [Massage Service Requests](#).

- Make sure that you receive a certificate for all of the CE courses that you take. Continuing Education (CE) is tracked in DelPROS, the Delaware Professional Regulation Online Service. Instructions for **Entering Continuing Education in the CE Tracker** can be found online under the Board of Massage and Bodywork – [Continuing Education and Audit Information](#).

Do not send copies of your certificates to the Board office unless you receive an Audit Notice.

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- You must also keep your CPR current at all times.

Information for CE Providers

If the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), American Massage Therapy Association (AMTA) or Associated Bodywork and Massage Professionals (ABMP) has already approved your company as a provider or has approved your courses, do not submit the courses to the Delaware Board for approval because the Delaware Board automatically approves the content of these courses under Section 9.5.1 of its [Rules and Regulations](#). Please enter your NCBTMB provider number or other identifying number on the certificates issued.

Board-approved CE courses remain approved until the end of the current license period on August 31 of the next even year. However, please notify the Board office by email or mail if you:

- Change your contact information
- Change a course title or instructor
- Close your business or stop offering a course

PROVIDER	CONTACT	COURSE TITLE	COURSE HOURS	COURSE APPROVAL #
Audra Littleton	302-530-8220 Audra.littleton@gmail.com	Reiki I	4 hours Elective	MAS-AC-012023-051027
Katherine Schauber <i>Tranquil Spirit</i>	302-834-6853 kschauber@hotmail.com	Reiki I	13 hours Elective	MAS-AC-012023-050140
Katherine Schauber <i>Tranquil Spirit</i>	302-834-6853 kschauber@hotmail.com	Reiki II	13 hours Elective	MAS-AC-031623-060040
Katherine Schauber <i>Tranquil Spirit</i>	302-834-6853 kschauber@hotmail.com	Reiki Art/Master Level	13 hours Elective	MAS-AC-031623-060041
Katherine Schauber <i>Tranquil Spirit</i>	302-834-6853 kschauber@hotmail.com	Reflexology	13 hours Core	MAS-AC-031623-060039
Elvis Amadi	amadielvis2000@yahoo.com 302-465-8253	Self Care for Massage Therapists	4 hours Elective	MAS-AC-031623-062176

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Elvis Amadi Massage Bodywork	(302) 465-8253 amadielvis2000@yahoo.com	Massage Therapy a Viable Alternative in the Control and Management of Neck and Back Pains: A Hands-On Approach	8 hours Core	MAS-AC-111422-048804
Active Release Techniques, LLC	http://www.activerelease.com	Low Extremity Level 1	15 hours Core	MAS-AC-012324-034758
MeBridge	ChrisTiana Obey Sumner, MPA, MNPL	Foundations of Implicit and Unconscious Bias	1 hour Core	MAS-AC-012324-046452
Pamula Ballentine Massage and Bodyworks	302-670-3719 Pbalentine3993@yahoo.com	Mindfulness and Deep Tissue Massage	6 hours Core	MAS-AC-012122-034930
Pamula Balentine Massage and Bodyworks	302-670-3719 Pbalentine3993@yahoo.com	Cervical Massage for Pain Management	6 hours Core	MAS-AC-042522-038465
Debby Recchiuti Massage and Bodyworks	302-740-3305 siaonmAAfwa@aol.com	Clinical Trigger Point Massage	12 hours Core	MAS-AC-041824-088953
Kristen H. Leounes Massage and Bodyworks	302-229-5029 Kl2003massage@gmail.com	Soap notes with Intention: Better Communication	6 hours Core	MAS-AC-082223-073716
Kristen H. Leounes Massage and Bodyworks	302-229-5029 Kl2003massage@gmail.com	Tools of the Trade: Work Smarter not Harder.	6 Hours Core	MAS-AC-082223-073724

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PROVIDER	CONTACT	COURSE TITLE	COURSE HOURS	COURSE APPROVAL #
Christopher Asay Massage and Bodyworks	302-382-8486 chrisasay@aol.com	Body mechanics for the Massage Professional	12 Hours Core	MAS-AC-092523-074536
Christopher Asay Massage and Bodyworks	302-382-8486 chrisasay@aol.com	Thai Massage	24 Hours Elective	MAS-AC-092523-074535
Marnie Hass Massage and Bodyworks	443-350-0781 smashpalace@gmail.com	Intuitive Hands-on Healing	6 Hours Elective	MAS-AC-102023-077935
Holly T. Overmyer Massage and Bodyworks	302-538-1135 Tranquil_spirit@comcast.com	Sinus Massage	6 Hours Core	MAS-AC-092523-043893
Academy of Lymphatic Studies	Morgan Strong	Hybrid-Certification in Manual Lymphatic Drainage (Vodder Technique) Part 3 Hands on	26.00 hours Core	MAS-AC-040324-083334
Norton School of Lymphatic Therapy	Melinda Steimling and Kathryn Taylor	CDT Certification Course Classroom	90 Hours Core	MAS-AC-032124-087645
Norton School of Lymphatic Therapy	Melinda Steimling and Kathryn Taylor	CDT Certification Course Computer Base Distance Learning	45 Hours Core	MAS-AC-032124-087649

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PROVIDER	CONTACT	COURSE TITLE	COURSE HOURS	COURSE APPROVAL #
ACE Fitness	Acefitness	Ethics – Recognizing Racial Microgressions and Creating an Inclusive Health and Fitness space.	10.00 Hours Core	MAC-AC-032124-086010
Tammy D. Petruccelli Massage and Bodyworks	302-530-6682 pikecreekreiki@aim.com	Reiki 1 Pike Creek Reiki & Healing Arts Ctr	12.00 Hours Elective	Mas-AC-051724-090595
Tammy D. Petruccelli Massage and Bodyworks	302-530-6682 pikecreekreiki@aim.com	Reiki 2 Pike Creek Reiki & Healing Arts Ctr	12.00 Hours Elective	MAS-AC-051724-090589
Tammy D. Petruccelli Massage and Bodyworks	302-530-6682 pikecreekreiki@aim.com	Reiki 3 Pike Creek Reiki & Healing Arts Ctr	12.00 Hours Elective	MAS-AC-051724-090600